

# March Lunch

**NO FRIED FOODS!!**

Monday, March 02, 2020	Tuesday, March 03, 2020	Wednesday, March 04, 2020	Thursday, March 05, 2020	Friday, March 06, 2020
Cheesy Italian Pasta <b><u>V, EF</u></b> Peas and Carrots Cantaloupe <b><u>Vegan, DF: Pasta Marinara &amp; Vegan Cheese</u></b> <b><u>GF: Entrée w/ GF Pasta</u></b>	Chicken Fajitas - <b><u>DF, EF</u></b> Whole Grain Tortillas Broccoli Watermelon <b><u>V, Vegan: Veggie &amp; Bean Taco</u></b> <b><u>GF: Entrée with corn tortilla</u></b>	Turkey Chili - <b><u>DF, EF</u></b> Wheat Bread Green Beans Bananas <b><u>V, Vegan - Three Bean Chili</u></b> <b><u>GF: GF Bread</u></b>	Nut Free Pesto Chicken - <b><u>EF</u></b> Pasta Cauliflower Pineapple <b><u>V, Vegan: DF Pesto Tofu</u></b> <b><u>DF: DF Pesto Chicken</u></b> <b><u>GF: Entrée w/ GF Pasta</u></b>	Pizza Day - <b><u>V, EF</u></b> Flour Pizza Crust Cucumbers Fruit Salad <b><u>DF: Pizza w/Turkey Pepperoni</u></b> <b><u>GF: Gluten Free Pizza w/ Cheese</u></b> <b><u>Vegan: Pizza w/ Vegan Cheese</u></b>
Monday, March 09, 2020	Tuesday, March 10, 2020	Wednesday, March 11, 2020	Thursday, March 12, 2020	Friday, March 13, 2020
Meatball Slider Dinner Roll Sliced Carrots Honey Dew <b><u>V, Vegan, DF, EF: Tofu Slider</u></b> <b><u>GF: Tofu Slider w/GF Bread</u></b>	Mega Mac & Cheese <b><u>V, EF</u></b> Broccoli Watermelon <b><u>GF: GF Pasta w/ GF Sauce</u></b> <b><u>Vegan, DF: Cheesy Vegan Pasta</u></b>	Turkey Burgers - <b><u>DF, EF</u></b> Dinner Roll Green Beans Pineapple <b><u>V, Vegan: Veggie Burger</u></b> <b><u>GF: GF Bread</u></b>	Chicken Teriyaki - <b><u>DF, EF, GF</u></b> Whole Grain Brown Rice Peas and Carrots Bananas <b><u>V, Vegan: Tofu Teriyaki</u></b>	Pizza Day - <b><u>V, EF</u></b> Flour Pizza Crust Cucumbers Fruit Salad <b><u>DF: Pizza w/Turkey Pepperoni</u></b> <b><u>GF: Gluten Free Pizza w/ Cheese</u></b> <b><u>Vegan: Pizza w/ Vegan Cheese</u></b>
Monday, March 16, 2020	Tuesday, March 17, 2020	Wednesday, March 18, 2020	Thursday, March 19, 2020	Friday, March 20, 2020
Spaghetti and Meatballs Sliced Carrots Honey Dew <b><u>V, Vegan, DF, EF:</u></b> <b><u>Spaghetti w/ Tofu, Marinara</u></b> <b><u>GF: GF Pasta w/ Tofu Marinara</u></b>	Taco Tuesday!!!! Whole Grain Tortillas Lettuce, Salsa Bananas <b><u>V, Vegan: Veggie &amp; Bean Taco</u></b> <b><u>GF: Entrée with Corn Tortilla</u></b> <b><u>DF, Vegan: Vegan Cheese</u></b>	Red Pepper Turkey - <b><u>EF, GF</u></b> Whole Grain Brown Rice Broccoli Cantaloupe <b><u>V, Vegan: Tofu w/ DF Sauce</u></b> <b><u>DF: Turkey w/ DF Sauce</u></b>	Chicken Gyros - <b><u>DF, EF</u></b> Pita Bread (Tzatziki on the side) Green Beans Pineapple <b><u>V, Vegan: Chickpea and Veggie Gyros</u></b> <b><u>GF: Entrée w/ Corn Tortilla</u></b>	Pizza Day - <b><u>V, EF</u></b> Flour Pizza Crust Cucumbers Fruit Salad <b><u>DF: Pizza w/Turkey Pepperoni</u></b> <b><u>GF: Gluten Free Pizza w/ Cheese</u></b> <b><u>Vegan: Pizza w/ Vegan Cheese</u></b>
Monday, March 23, 2020	Tuesday, March 24, 2020	Wednesday, March 25, 2020	Thursday, March 26, 2020	Friday, March 27, 2020
Pasta Alfredo - <b><u>V, EF</u></b> Peas and Carrots Cantaloupe <b><u>DF, Vegan: Pasta Marinara w/ Vegan Cheese</u></b> <b><u>GF: GF Pasta Alfredo</u></b>	Chicken Paella - <b><u>DF, EF, GF</u></b> Whole Grain Turmeric Rice Cauliflower Watermelon <b><u>V, Vegan: Tofu Paella</u></b>	Turkey Sloppy Joes - <b><u>DF, EF</u></b> Dinner Roll Green Beans Pineapple <b><u>V, Vegan: Lentil &amp; Bean Sloppy Joe</u></b> <b><u>GF: GF Bread</u></b>	Chicken Verde - <b><u>DF, EF</u></b> Whole Grain Tortillas Sliced Carrots Bananas <b><u>V, Vegan: Veggie &amp; Bean Taco</u></b> <b><u>GF: Entrée with Corn Tortilla</u></b>	Pizza Day - <b><u>V, EF</u></b> Flour Pizza Crust Cucumbers Fruit Salad <b><u>DF: Pizza w/Turkey Pepperoni</u></b> <b><u>GF: Gluten Free Pizza w/ Cheese</u></b> <b><u>Vegan: Pizza w/ Vegan Cheese</u></b>